



We guarantee quality produce that is loaded with nutritional goodness and great taste. We're proud to stock responsibly sourced products grown with the utmost care.

#### PROUD LOCAL PRODUCE

In our search for the finest producers, we found a diverse crop of people who take great pride in uplifting their communities and producing world-class products close to home.

R2999



Mushrooms in 1999 and has nurtured it to become the biggest black-owned mushroom farm in South Africa. He now employs 146 Magaliesburg locals to produce 500 tonnes of the finest fresh mushrooms annually. Peter was also named Small Supplier of the year 2018.



#### BUTCHER'S





We carefully select the best suppliers to bring quality cuts to our butcheries. For our free range products, we partner with farmers who are passionate about what they do and take great care to ensure their products are of the highest quality and farmed responsibly.







## HEALTHY BREAD Pickn Pay made your way BAKER'S · PROMISE · PERFECTLY FRESH We stock a wide variety of healthy bread options that taste great and satisfy all your dietary needs. PnP 100% Rye Bread PnP Gluten 4009 Free White Bread 400g PnP Gluten Free Seeded Bread 400g

## POP GLUTEN-FREE WHITE BREAD

- Artisanal-style bread
- Made with tapioca starch, rice flour and psyllium husk
- · High in fibre
- Made in a bakery completely free from wheat and gluten

## PnP GLUTEN-FREE SEEDED BREAD

- Contains quality sunflower,
   sesame and flaxseeds
- Made with tapioca starch, rice flour and psyllium husk
- · High in fibre
- High in omega-3 fatty acids

#### PnP LIGHT BANTING BREAD

- Contains quality sunflower, sesame and flaxseeds
- High in omega-3 fatty acids
- Low in carbohydrates
- Free from wheat and gluten

#### MPnP 100% RYE BREAD

- Distinctive rye bread taste
- High in fibre
- Made with whole caraway seeds
- · Sliced for your convenience

R4699
PnP Gluten Free
White Bread 400g



R499
PnP Gluten Free Seeded Bread 400g



R4499



R**34**99
PnP 100% Rye
Bread 400g













#### SCIENTIFICALLY FORMULATED FOOD FOR

# happy & healthy pets



Nutriphase Dry Cat Food Assorted 2kg Each