

# Pick n Pay Pharmacy



PRICES VALID 3 FEBRUARY - 1 MARCH 2020



**R105**  
SAVE R27

Revite Omega-3 Salmon Oil  
1000mg Capsules 90s



NEW

**R410**  
SAVE R46

IntensCare Blood Pressure  
Monitor Upper Arm



**R150**  
SAVE R12

VasQ10 Capsules 30s



**R350**  
SAVE R21

Sinopol Sachets 30s



HEALTHCARE  
CENTRE

part of the Life Healthcare Group

Affordable  
care in minutes

Clinic NOW Open

#### MyLife Constantia

Constantia Village Shopping  
Centre  
(Inside Pick n Pay Pharmacy)  
Silverhurst, Cape Town, 7806

#### MyLife On Nicol

Pick n Pay On Nicol  
Shopping Centre  
(Inside Pick n Pay Pharmacy)  
Sandton,  
Johannesburg, 2070

#### MyLife Steeledale

Pick n Pay Steeledale  
(Inside Pick n Pay Pharmacy)  
South Hills, Johannesburg  
South, 2197

#### MyLife Kenilworth

263 Bertha Street,  
Kenilworth,  
Johannesburg South 2090

#### MyLife Brenthurst

3 Park Ln, Parktown,  
Johannesburg, 2193

coming soon... (Jan 2020)

#### MyLife Witbank

(Inside Pick n Pay Pharmacy)  
Cnr, Watermeyer St,  
Highveld Single Quarters,  
Emalahleni, 1035

We offer a range of services from as  
little as **R100** for HIV testing **including**  
pre and post counselling, to **R300** for  
a medical consultation **including**  
medication\*

Visit any of our clinics listed below  
to find out more!



#### Clinic opening hours:

Monday – Friday: 08h30 – 18h30

Saturdays: 08h00 – 15h30

Public Holidays: 08h30 – 13h30

[mylifeclinic.co.za](http://mylifeclinic.co.za)

\*medical consult includes selected medication from the pharmacy

PRICES VALID 3 FEBRUARY - 1 MARCH 2020 AT PICK N PAY PHARMACIES

# Pick n Pay Pharmacy

## NO BETTER TIME TO STOP!!!

### 4 GREAT REASONS TO STOP SMOKING:

- Health benefits are immediate
- Second hand smoke is harmful to loved ones
- You will save a lot of money
- You won't have to stand in the rain to smoke this summer

### THE BASIC STEPS OF QUITTING:

- Prepare yourself for quitting
- Set a quit date
- Inform close family & friends
- Change your daily routine and plan ahead
- Get physically active
- Think positive
- Watch what you eat
- Start saving money
- Take one day at a time
- Use the 4 D's to deal with cravings:
  1. Delay
  2. Drink water
  3. Distract yourself
  4. Deep breaths

**R200**  
**SAVE R60**

Nicorette Freshfruit Gum  
2mg 105s



**R110**  
**SAVE R10**

Nicorette Freshfruit Gum  
4mg 30s



**R189**  
**SAVE R27**  
SOLAL All You Need Vitamin  
Capsule Range 90s Each



**R149**  
**SAVE R20**

Crèche Guard Gummies  
Multivit 30s

**R159**  
**SAVE R10**

Aller Guard Nasal Spray  
20ml



**R85<sup>99</sup>**

Crèche Guard Baby Immune  
Multivit Syrup 100ml



**R59<sup>99</sup>**  
**SAVE R10**

Bettaway Mega Vitamin C  
1000mg Tablets 30s



## Self Medication

NO DOCTOR'S PRESCRIPTION REQUIRED  
YOU NEED ONLY SUPPLY US WITH YOUR DETAILS

Mybulen Tablets 30s	<b>R65.99</b>
Hyospermol 10mg Tablets 20s	<b>R72.99</b>
Adco Dol Tablets 40s	<b>R35.99</b>
Candizole Vaginal Cream 50g	<b>R28.99</b>
Disprin Cardiacare Tablets 100mg 30s	<b>R42.99</b>
Sinutab Sinus Pain Tablets 20s	<b>R48.99</b>
ACC 200 Effervescent Tablets 25s	<b>R82.99</b>

### PRICES VALID 3 FEBRUARY - 1 MARCH 2020 AT PICK N PAY PHARMACIES

Bedworth Park: 016 985 1279, Boksburg: 011 826 2981, Brackenfell: 021 981 3276, Centurion: 012 621 7025, Claremont: 021 674 5867, Durban North: 031 564 2300, Faerie Glen: 012 991 3207, George: 044 871 1523, Greenstone: 011 452 1473, Hurlingham: 011 998 3330, Lonehill: 011 465 2899, Mall of the North: 015 265 1478, Middelburg: 013 244 1088, Montana: 012 543 6200, North Gate: 011 794 3428, Norwood: 011 483 3390, Ottery: 021 703 0291, Pavilion: 031 265 8478, Platteklief: 021 558 0219, Promenade: 021 376 0488, Somerset Mall: 021 851 8256, South Coast: 031 904 7737, Soweto: 011 938 4518, Steedeale: 011 613 5935, Table Bay: 021 285 0570, Tableview: 021 521 5840, The Falls: 011 958 1113 and Woodmead: 011 656 9570.

Promotional stocks are limited. Prices include VAT, where applicable. Smart Shopper terms and conditions apply. No traders. E&OE.  
Selected products may not be available at all pharmacies.

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